



OCTOBER 2018 CMS Lunch Menu

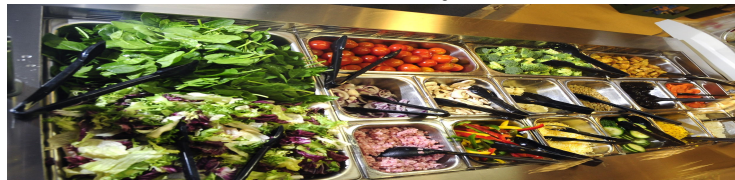


Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Nuggets Mozzarella Sticks Turkey & Cheese Sandwich Yogurt/Ch Stix w/ Bagel w/.Cm Cheese	Pizza Corn Dogs Italian Sub Yogurt-Ch Stick w/ Bagel w/Cm Cheese	Chicken Nuggets Mozzarella Sticks PB & J Sandwiches Yogurt/Ch Stix w/ Bagel w/.Cm Cheese	Pizza Corn Dogs Ham & Cheese Sand Yogurt-Ch Stick w/ Bagel w/Cm Cheese	Chicken Nuggets Mozzarella Sticks PB & Sandwiches Yogurt/Ch Stix w/ Bagel w/.Cm Cheese

1	2	3	4	5
Mini Corn Dogs Pears Carrots Milk	Chili Fritos Peaches Broccoli Milk	Gen. Tsao Chix w/ Rice & Roll Pineapple Broccoli Milk	Turkey Gravy, Mashed Potatoes, Roll Mandarin Oranges Corn Milk	Cheeseburger Kiwi Legumes Milk
8	9	10	11	12
Chicken Alfredo Breadstick Orange Green Beans Milk	Sandwich Bar Pears Carrots Milk	Cheese Tortellini w/ Marinara & Breadstick Apple Corn Milk	Teriyaki Chicken-Rice-Roll Pineapple Broccoli Milk	NO SCHOOL State wide Inservice
15	16	17	18	19
Chicken Burger Orange Legumes Milk	Brunch: French Toast, Sausage Mandarin Oranges Cauliflower Milk	Spaghetti / Bread Stick Banana Green Beans Milk	Popcorn Chicken / Roll Peaches Broccoli Milk	Chili Fritos Applesauce Carrots Milk
22	23	24	25	26
Beef Dipper - Rice - Roll Mandarin Oranges Corn Milk	Sandwich Bar Apple Cauliflower Milk	Chicken Teriyaki w/ Yakisoba Roll Pineapple Carrots Milk	Cheeseburger Pears Broccoli Milk	Sweet & Sour Chicken, Rice, & Roll Pineapple Tidbits Legumes Milk
29	30	31	1	2
Red Chili Burritos Orange Legumes Milk	Mac & Cheese Kiwi Corn Milk	Brunch: Brunch: French Toast & Eggs Banana Green Beans Milk	Orange Chicken-Rice-Roll Pineapple Broccoli Milk	Chicken Burger Applesauce Carrots Milk

Garden salad served daily.

Milk Options
Lunch
1% White
Non Fat
NF Chocolate



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